



NEOGEN PLASMA

A few things to note regarding your NeoGen treatment:

NeoGen does not show results immediately - or even weeks after treatment. NeoGen continues to produce changes for a period of 12-24 months, however, improvement is typically seen at 6 months. Depending on your skin and its features and hormone levels, it may even take 9 months or longer for correction. We will take photos at the 3, 6, 9- and 12-month mark to document your journey.

FOLLOW YOUR PRE-CARE AND AFTER-CARE INSTRUCTIONS EXACTLY AS WRITTEN TO ENSURE BEST POSSIBLE OUTCOME

PRE-CARE

- No sun exposure to treated area **4 weeks prior to treatment**. Stop all self-tanning products.
- Begin Alastin Nectar am and pm **2 weeks prior to treatment**. Apply first, followed by your normal skin care routine.
- Discontinue Retinols and any cleansers, creams or serums containing acids such as salicylic, glycolic, AHA, or lactic acid products **2 weeks prior to treatment**.
- Continue with gentle moisturizing face creams.
- **Hydration** is a key component to your NeoGen treatment. Please hydrate well for 2 weeks prior to treatment- a minimum of 2 liters of water daily. This should include drinking electrolyte* as well. Avoid food and drinks that dehydrate (such as alcohol and caffeine). *Propel or Liquid IV
- **5 days prior to treatment**, moisturize daily with a quality moisturizer morning and evening or a water-based mask daily. *Neutrogena Hydra Boost Face Mask or SkinCeuticals Phyto Corrective Masque
- If you feel you are coming down with a cold or illness or have active cold sore, skin inflammation or infection, your treatment should be rescheduled.
- If you have a history of cold sores, please advise your provider prior to treatment as an antiviral can be taken prophylactically.
- Eyelash extensions and contact lenses **MUST** be removed prior to treatment.
- Men- remove all hair from the treatment area the morning of treatment.
- If possible, arrive at the office with a clean face, all eye and face makeup removed.